



PiYo in the Park!

TUESDAYS

Starting September 8

7:00pm - 8:00pm

SIBLEY SQUARE PARK

48900 Pontiac Trail

\$10 per class

(pay instructor at the park)

PILATES + YOGA



Drop in for our new PiYo in the Park! Enjoy a muscle-sculpting, core-firming workout while social distancing outside. Inst: Ms. Renee & Ms. Kristen. Please bring your mask, water and a mat.

For More Information

Call 248-421-7646